

People find me weird for waking up so early everyday. Regardless of what I have to do that day I am awake before the sun is up.

My dad has always been a morning person, up early everyday, which is where I get it from. I don't remember when I started waking up to spend time with him, but it's all I can remember. The smell of coffee and hanging out at the kitchen table is always relaxing and homey for me.

My dad works a lot so that was always the time I could ensure I'd be able to visit with him. It's especially nice when I go home for the holidays because I don't see often him throughout the year. It's peaceful being up when it's dark and nobody else in the house is up, not even our crazy dogs. There are large windows in our house back home in Texas and you can see the sun rise from the kitchen table.

Now I wake up early as my quiet time before I have classes and have to get going for the day. I enjoy doing a devotional or reading as I drink my coffee in the mornings.